

## Opening Hours

MONDAY, TUESDAY, SATURDAY 7.30AM TO 12PM WEDNESDAY, THURSDAY, FRIDAY 7.30AM TO 1PM SUNDAY CLOSED

<b>ALL DAY BREAKFAST</b>	M	ММ
HAM & CHEESE CROISSANT	6.5	8.5
TOAST with butter and choice of vegemite, honey or jam One Slice Two Slices	3 4.5	4 6.5
RAISIN TOAST with butter One Slice Two Slices	3 4.5	4 6.5
BANANA BREAD	3.5	4.5
BREAKFAST MUFFIN egg, cheese, bacon	7.5	8.5

# Selections from THE GRAB AND GO CABINET

VARIOUS FILLINGS, SEE CABINET

SANDWICHES	7.5	8.5
PANINIS	7.5	8.5
FOCACCIA	7.5	8.5
WRAPS	6	7

#### ADD A COFFEE OR TEA OF YOUR CHOICE WITH ANY OF THE ABOVE ITEMS FOR 3.9

### **CAFÉ FAVOURITES**

MUFFINS	3.9	4.9
COOKIES	2.8	3.8
CAKES	5.9	6.9
DANISHES	2.5	3.5
FRUIT SALAD	4	5
BOWL OF ICE CREAM	4	4.5
FIBRE BITES	2.9	3.9
VEGAN SLICE	2.7	3.7
PROTEIN BALLS	3.2	3.7
ICE CREAM CONE 1 scoop	1.5	2
EXTRA ICE CREAM SCOOP	1.3	

М	NM
4.9	5.2
4.8	5.1
6.9	7.2
5.9	6.2
6.9	7.2
7.9	8.9
5.5	5.8
4.5	4.8
5	5.3
	3
5	5.3
6	6.5
	4.9 4.8 6.9 5.9 6.9 7.9 5.5 4.5 5

<b>HOT BEVERAGES</b>	NON MEMBER + .30	
PICCOLO, SHORT BLACK	3.4	-
FLAT WHITE, CAPPUCCINO, LONG BLACK, LATTE, MOCHACCINO	4.3	4.8
MACCHIATO	4.1	-
MELLOWCHINO	4.3	4.8
BABYCCINO	2	-
AFFOGATO	-	5.1
HOT CHOCOLATE	4.5	5
CHAI LATTE	4.5	5
TEA	4	-
<b>HERBAL SELECTION:</b> English Breakfast, Earl Grey, Green, Peppermint, Chamomile	4.2	-
MILK OPTIONS: Soy, Almond, Zymil, Oat	.80	
TAKEAWAY CUPS	add .30	
MARSHMALLOWS	0.7	
COFFEE FLAVOURINGS Vanilla, caramel & hazelnut	1	

#### M = Dolphins Member\* NM = Non Member

\*Membership card required to activate pricing